



## **Relationship Counselor – Jerry Annand, M.A., Clinical Therapist**

Jerry Annand, M.A., has over 34 years experience in all areas of mental health and addictions counseling, and is dedicated to helping people who are suffering from marital, mental health and substance abuse issues. Annand earned a M.A. degree in counseling at Louisiana Tech University, a Masters of Divinity from Texas Christian University, and a B.A. in Sociology from University of Texas. He is the author of *More than Accommodation: Overcoming Barriers to Effective Treatment of Persons with Both Cognitive Disabilities and Chemical Dependency*, published in 2002, and, in 2003, he co-authored the chapter on substance-use disorders in the *Diagnostic and Statistical Manual (DSM-IV-ID)*. He also serves on the peer-review panel for substance abuse developed by the National Association for the Dually Diagnosed.

Annand is intrigued by the “difficult” clients—the ones other clinicians avoid—and enjoys finding various means to reach them. As a result, he has worked in a variety of treatment settings, developed specialized treatment modalities for various “non-mainstream” populations and provided training for both professionals and volunteers through countless workshops and seminars. His pearls of wisdom for couples impart the importance of empathy and compassion, the assumption of goodwill toward one another and to not personalize another person’s behavior.

In addition to offering marital and mental health counseling from his private practice, Annand Counseling Center, located in Portland, Oregon, Jerry co-authors with his wife, Sherrye Annand, M.A., a newsletter for couples, *Relating Well*, and published the book, *The Tie that Binds and Binds and Binds*.

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